

## Starter & Sharables

### **BREAD PLATE – 6**

focaccia served with olive oil & balsamic

### **STARTER MIXED GREEN SALAD – 8**

[V] crisp mixed lettuce, tomato, cucumber, red onion, herb vinaigrette

### **QUINOA SALAD – 9**

[V] Cucumbers, red onions, tomatoes, feta, crispy chick peas, herb vinaigrette

### **ONION & GOAT CHEESE DIP – 18**

[V] caramelized onions mixed with a creamy goat cheese and served with flat bread

### **BREADED CHICKEN WINGS (1 LB) – 18**

maple chili, buffalo, salt & pepper or BBQ

### **BEET FRITTERS – 16**

[V] six beet fritters on orange fennel slaw, toasted hemp seeds, balsamic glaze

### **SOUP OF THE DAY – 6**

see server for today's selection

### **STARTER KALE CAESAR SALAD – 8**

kale & romaine, roast garlic dressing, croutons

### **STARTER SUMMER SALAD – 9**

[GF+V] mandarin oranges, dried cranberries, feta, candied pumpkin seeds, herb vinaigrette and mixed greens

### **POUTINE – 16**

[V] housecut fries, shredded cheese, corn salsa, cheese sauce, cilantro, tortilla chips

### **TUNA TATAKI – 22**

pan seared tuna, crispy wontons, sesame seeds, ponzu sauce on a bed of greens

### **CALAMARI – 18**

served on greens with red onions & tzatziki

## Mains

Sandwiches & Burgers served with a choice of house cut fries or soup of the day.

Substitute for choice of mixed, caesar, summer salad, quinoa salad or sweet potato fries \$2.00

### **SMASH BURGER – 21**

2 smashed patties with American cheese, red onions, lettuce, tomato, pickles, and mayo

### **ASIAN NOODLE BOWL – 24**

[V] black bean garlic peanut sauce, broccolini, onions, mushrooms, pickled onions, wonton crisps, sesame seeds with udon noodles

\*add pork belly \$6

### **ROASTED BUTTERNUT SQUASH – 24**

[Vegan+GF] maple glazed and stuffed with warm kale and quinoa salad, pickled onions, dried cranberries, balsamic reduction

### **PAN SEARED SALMON – 32**

pan seared salmon, lemon dill hollandaise, warm quinoa salad, seasonal vegetables

### **STUFFED CHICKEN BREAST – 29**

red pepper, arugula, goat cheese, tarragon cream sauce, carrot puree, roasted baby potatoes

### **HOT FRIED CHICKEN SANDWICH – 21**

Nashville style fried chicken, pickles, shredded lettuce and mayo on a brioche bun

### **PESTO & TOMATO PASTA – 24**

[V] pesto sauce, tomatoes, fresh basil, red onions, mushrooms, balsamic reduction, served on spaghetti

\*add chicken \$7

### **PICKEREL FISH & CHIPS – 29**

two tempura batter-fried pickerel fillets, coleslaw & tartar sauce served with house cut fries

### **BONELESS BEEF SHORT RIBS – 36**

brown butter mashed potatoes, crispy onions, broccolini and sweet kale chimichurri

### **LAMB SHANK – 36**

[GF] mediterranean style quinoa salad, mint yogurt, seasonal vegetables